

THE RECOVERY ROOM



7 Things Your Betrayed Partner Wishes You Knew

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From podcast #210, recorded August 2017 | AffairHealing.com/podcast210

Recovery Room podcasts, along with many other recovery resources, are provided through AffairHealing.com. If you need personal help in your affair recovery, you may want to consider making use of the following services:

- Phone Coaching: AffairHealing.com/phone-coaching
 - Couple's Recovery Retreats: MarriageICU.com
 - Recovery Manuals: AffairHealingBook.com
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1 I would rather you leave me than deceive me.

I need the truth. Your honesty is more important to me than avoiding the pain of the facts.

2

3 I can't get over the affair quickly.

I want to know that my pain matters to you.

4

5 The things that trigger me are not logical.

Forgiving you isn't the same as trusting you.

6

7 Forgiving doesn't mean forgetting.